

Client Comments

"Many, many thanks for your wonderful management. You took over the difficult, and sometimes seemingly impossible chores, and made them disappear like magic."

S.W., Louisville, KY

"Regarding the work of Smooth Transitions at the home of my father...we are most pleased with the work done...being out of town put us at such a disadvantage. Both realtors commented on your quality work at the closing."

G.W., Paducah, KY

"Words can never express our deep affection and appreciation for the great job you did to make our 'transitions smooth'. You are so well organized and know all the right people to call. And very compassionate. I hope you don't mind, but we have adopted you as a member of the family."

H.V., Louisville, KY

"I continue to be so grateful for all you did for us, moving Mom out of her house. And then out of her apartment in the retirement community."

M.R., Lexington, KY

"I totally believe in you and your service. It is so good know someone trustworthy who can assist our dear folks at a time when they need help so badly. Thank you for being there."

J.B., administrator of a retirement facility

Speaking engagements

If you would like to have Barbara

Morris speak to your group about downsizing or "getting rid of stuff," please email her at info@movingforseniors.com or call 502-897-9332. Her humorous presentations put a positive focus on what can be an overwhelming task.

Business opportunities

Smooth Transitions®

originated in Louisville, Kentucky, in 1995 and now has some 21 operations in more than 17 states and has trained more than 37 individuals using their own business name. To see if there is a Smooth Transitions® in your area or to learn about starting one or receiving training, check the www.movingforseniors.com website or call 502-897-9332.



The National Association of Senior Move Managers, (NASMM),

was founded in October 2002 in Arlington, Virginia, when 22 people from 16 organizations got together. The non-profit professional association of

companies, whose goals are to help older adults and their families with all aspects of moving—physical and emotional—was established to create a national referral network, enhance education and professionalism, and to promote the senior move management industry. It is committed to providing the compassion, respect and independence to seniors as they move from one home to another.

Barbara H. Morris a founding member of NASMM and a former board member. For Information on NASMM, see its website: www.nasmm.com.

SMOOTH TRANSITIONS®

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SMOOTH TRANSITIONS®

Household Downsizing and Estate Dispersal



MOVING
for
SENIORS



502-897-9332

www.movingforseniors.com



Household Downsizing and Estate Dispersal

Downsizing

Each situation is different and Smooth Transitions® is there to help as little or as much as you need. It might be just giving directions for you and your family members to do the work yourself. Sometimes selecting a place to move, deciding what to take, finding a mover, packing, moving, unpacking and getting rid of the leftovers can seem overwhelming. Smooth Transitions® can help with as little or as much of the move as you and your family needs.

For out-of-town family members, Smooth Transitions® provides peace of mind that someone is coordinating your family member's affairs with the personal attention you would give.

Estate Dispersal

Smooth Transitions® also provides services for the dispersal of household belongings after the death of a loved one.

A death in the family introduces a whole new set of responsibilities, from removing personal belongings to the complete shutdown of an established home site. Daily responsibilities or distances can make these tasks seem even more overwhelming.

Smooth Transitions® can help make these tasks feasible and timely. Working under the direction of family members, attorneys or trust officers,

Smooth Transitions® provides individuals and families the emotional and physical assistance needed in making a change in living arrangements.

we organize and distribute the estate according to your and your family member's wishes. From the most simple sorting to arrangements for cleaning and repair work, taking the pressure off already trying times is as easy as a phone call.

Pre-Planning

In addition, Smooth Transitions® offers individuals and families pre-planning, providing direction for future dispersal of personal and household belongings.

Smooth Transitions® is designed to fill in on the things that seniors and their family members can't or don't want to do. **It can mean a consulting session for those who can do some of the things themselves or doing each step of the move from start to finish.** Each project is different. Smooth Transitions® can do as little or as much as required.

Fees

Charges are based on hourly rates plus expenses. A deposit is required at time of contract. Frequently items leftover in the home that are sold cover the costs of Smooth Transitions' services. Call for more information or an appointment.

What Smooth Transitions® can do to help:

- deciding what to take
- sorting household treasures
- changing utilities
- making moving arrangements
- packing
- orchestrating move day
- unpacking
- setting up new home
- shipping items to family members
- arranging for sale of household belongings
- donating leftovers
- trash hauling
- cleaning the house
- arranging repairs
- finding good homes for treasures of a lifetime

Gift Certificates

Gift certificates are available. If you know a senior who could use some help in making a move, help them get off square one by giving them a gift certificate for Smooth Transitions services.

About us

Barbara H. Morris launched Smooth Transitions® in 1995 after helping several family members move, downsize and disperse their estates. She provides personal services to seniors and their adult children from consulting, to helping with the things they can't or don't want to do, to doing it all. A Louisville native, she spent 20 years in the health care field and is a graduate of the University of Indianapolis.

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